



Band Virtual Learning

High School Band

April 13th, 2020



High School Band
Lesson: Monday April 13

Learning Target:

Students will review and add to their warm up routine. In addition they will learn about transposition.

Let's Get Started with a Quick Review:

Let's do our breathing exercises.



Practice:

First let's do some breathing exercises

1. Start with checking your posture while seated in a chair. If it is possible, position yourself in front of a full-length mirror.
2. Take a deep breathe and hold for 4 counts
3. Next, sizzle out the air for 4 counts.
4. Repeat the same exercise but increase the amount of counts 8,12,etc.
5. It is important to sizzle your air for the same amount of counts that you held it for, one solid continuous sizzle.

Click [HERE](#) for a video explanation!



Transposition:

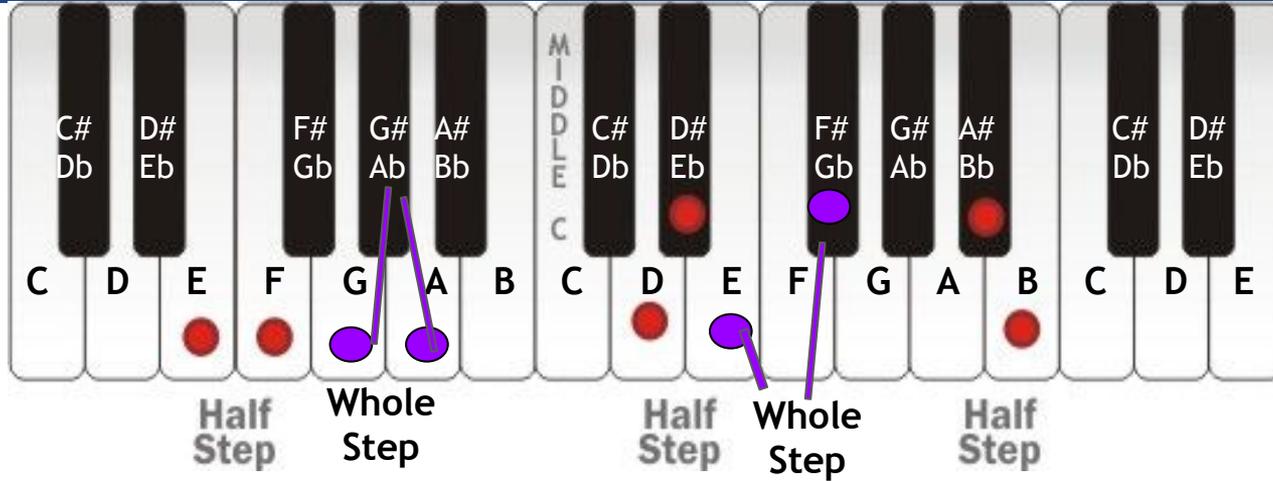
Because not all band instruments are pitched in the same key, it is necessary for some instruments to transpose so everyone can sound on the same pitch. Here is what musicians that do not play in concert pitch have to do to match concert pitch.

B flat instruments - go up 1 full step (2 half steps)

E flat instruments - go up 6 full steps (9 half steps)

F instruments - go up 5 full steps (7 half steps)

Visual Representation



*On the keyboard, a half step is a white key to the next black key with the exceptions of E to F and B to C. (Example: D to D#/Eb or A#/Bb to B)

*A whole step is two half steps put together (Example: E to F is a half step, F to F#/Gb is a half step. Therefore, E to F#/Gb is a whole step!)

*When thinking of your half steps and whole steps, remember your chromatic scale!



- Concert Pitched Instruments: Flutes, Oboes, Bassoon, Trombone, Baritone, tuba
Concert B flat - you play B flat
- Bb Instruments: Clarinets, Bass Clarinets, Tenor Saxophones, Trumpets
Concert B flat - you play C (up 1 full step)
- Eb Instruments: Alto Saxophone, Baritone Saxophone
Concert B flat - you play G (up 6 full steps)
- F Instruments: French Horn
Concert B flat- you play F (up 5 full steps)



Good Warm up routine should include:

Breathing exercises

Long Tone (Remington Study - Review the lesson from April 6)

Scales

Find the link for your instrument and open it up to learn



Links to Woodwind Scale Exercises

[Flute Scales](#)

[Clarinet / Tenor Sax Scales](#)

[Alto / Bari Sax Scales](#)



Links to Brass Scale Exercises

[Trumpet / Baritone TC Scales](#)

[Horn Scales](#)

[Trombone Scales](#)

[Tuba Scales](#)



Want some fun with playing your scales - Check out these sites!

[Cinematic Scales - With Music](#)

This Website has many accompaniment tracks that can make your practicing more fun!!

[John Mcallister Music](#)



If you are unclear on fingerings you can look them up in your book or go to the following link:

[Fingering Charts](#)

Go Forth and Practice !!



Band Virtual Learning

High School Percussion

April 13th, 2020



High School Percussion
Lesson: April 13th, 2020

Objective/Learning Target:

Students will learn about legato roll technique for marimba.



Guidelines: Legato Roll Technique

1. Work to fill the entire value of the notes, therefore connecting the notes together.
2. Lead with the right hand when moving higher (to the right) and with the left hand when moving lower (to the left).
3. Change the roll speed with the dynamics (usually slower for softer notes and faster for louder notes)
4. Change the roll speed as you move up and down the keyboard (usually slower for low notes and faster for high notes)

Practice: Legato Roll Technique

Click [HERE](#) for the lesson on legato rolls.

Work on “[Etude No. 2](#)”
by Michael Farris

Ensure that you apply all of the listed guidelines for legato roll technique!!!

Etude No. 2
Legato Rolls

Initial Studies

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Apply: Legato Roll Technique

Now try to apply all of the legato roll technique guidelines to this marimba solo!!!

“[Contemplation](#)” by Jeremy Meyer

You can practice this solo along with Mr. Meyer by clicking [HERE](#). Feel free to adjust the video to a slower tempo at the bottom of the screen!